

Risultati - Colmen Trail 16 · 4 pagine

Pos	Num	Cognome nome	Società	Cat	Paniga	Cima Colmen	Dazio bivio Croto	da Morbegno a Paniga	da Paniga a Cima Colmen	da Cima Colmen a Dazio bivio Croto	da Dazio bivio Croto a Morbegno	Tempo	Dist.	Ritmo
1	221	VENDER ALBERTO	DINAMO TEAM SSD ARL		0:23:43 (1)	0:53:10 (1)	1:06:04 (1)	0:23:43 (1)	0:29:26 (1)	0:12:53 (2)	0:18:06 (1)	1:24:10	-	05:01
2	222	FILOSI MARCO	S.A. VALCHIESE - SPORTSSHOOES		0:24:09 (2)	0:53:59 (2)	1:06:36 (2)	0:24:09 (2)	0:29:49 (2)	0:12:37 (1)	0:18:15 (2)	1:24:52	+ 0:42	05:03
3	228	CANTONI LUCA	ATL. VALLI BERGAMASCHE LEFFE		0:24:18 (3)	0:55:16 (3)	1:09:12 (3)	0:24:18 (3)	0:30:58 (3)	0:13:55 (3)	0:19:41 (6)	1:28:53	+ 4:43	05:17
4	484	ZANGA ALESSANDRO	LA RECASTELLO RADICI GROUP		0:24:18 (4)	0:55:39 (4)	1:10:15 (4)	0:24:18 (4)	0:31:20 (5)	0:14:36 (8)	0:19:34 (5)	1:29:50	+ 5:40	05:21
5	223	MERLI LUCA	S.A. VALCHIESE - CRAFT		0:25:05 (6)	0:57:15 (6)	1:12:07 (6)	0:25:05 (6)	0:32:10 (6)	0:14:51 (10)	0:19:04 (3,+1)	1:31:11	+ 7:01	05:26
6	448	ROTA LUCIANO	LA RECASTELLO RADICI GROUP		0:24:35 (5)	0:55:40 (5)	1:10:55 (5)	0:24:35 (5)	0:31:05 (4)	0:15:15 (12)	0:20:46 (9,-1)	1:31:42	+ 7:32	05:27
7	230	DE BERNARDI MASSIMILIANO	ATELTICA ALTO LARIO	M40M	0:26:06 (9)	1:00:04 (7,+2)	1:14:40 (7)	0:26:06 (9)	0:33:58 (7,+2)	0:14:35 (7)	0:20:05 (7)	1:34:46	+ 10:36	05:38
8	227	ANDREIS DANIELE	U.S. LA SPORTIVA		0:26:35 (13)	1:01:30 (10,+3)	1:15:39 (9,+1)	0:26:35 (13)	0:34:54 (11,+3)	0:14:09 (4,+1)	0:20:32 (8,+1)	1:36:12	+ 12:02	05:44
9	231	CURIONI DAVIDE	U.S. MALONNO		0:26:01 (8)	1:00:08 (8)	1:14:42 (8)	0:26:01 (8)	0:34:06 (8)	0:14:34 (6)	0:21:37 (14,-1)	1:36:19	+ 12:09	05:44
10	410	PASSONI LORENZO	FALCHI-LECCO		0:27:05 (15)	1:02:18 (12,+3)	1:17:03 (11,+1)	0:27:05 (15)	0:35:12 (12,+3)	0:14:45 (9,+1)	0:21:07 (10,+1)	1:38:10	+ 14:00	05:51
11	232	CANEVA TOMMASO	G.P. TALAMONA		0:26:10 (10)	1:01:56 (11,-1)	1:16:54 (10,+1)	0:26:10 (10)	0:35:45 (13,-1)	0:14:58 (11,+1)	0:21:45 (16,-1)	1:38:40	+ 14:30	05:52
12	225	POMONI LUIGI	FALCHI-LECCO		0:26:38 (14)	1:03:00 (15,-1)	1:17:28 (12,+3)	0:26:38 (14)	0:36:21 (15,-1)	0:14:28 (5,+3)	0:21:13 (12)	1:38:41	+ 14:31	05:52
13	421	PISANI FEDERICO	TEAM ATTIVASALUTE ASD		0:26:14 (11)	1:01:06 (9,+2)	1:18:13 (13,-4)	0:26:14 (11)	0:34:51 (10,+2)	0:17:06 (40,-4)	0:21:59 (18)	1:40:12	+ 16:02	05:58
14	235	SORTINI ELISA	♀ ATL. ALTA VALTELLINA - TEAM CRAFT - COMPRESSPORT		0:28:19 (22)	1:02:58 (14,+8)	1:19:25 (15,-1)	0:28:19 (22)	0:34:39 (9,+8)	0:16:26 (28,-1)	0:21:35 (13,+1)	1:41:01	+ 16:51	06:01
15	233	GAGGERO GABRIELE	G.S.A. COMETA		0:26:19 (12)	1:02:30 (13,-1)	1:18:27 (14,-1)	0:26:19 (12)	0:36:10 (14,-1)	0:15:57 (20,-1)	0:24:23 (49,-1)	1:42:50	+ 18:40	06:07
16	306	CORTES ERDOZAIN JUAN SEBASTIAN	A.S.D. C.U.S. CATANIA		0:27:34 (17)	1:05:30 (17)	1:21:13 (16,+1)	0:27:34 (17)	0:37:55 (22)	0:15:43 (15,+1)	0:21:54 (17)	1:43:07	+ 18:57	06:08
17	403	PANGRAZIO RAMON	ATL. PARATICO	M40M	0:27:54 (18)	1:04:56 (16,+2)	1:21:35 (18,-2)	0:27:54 (18)	0:37:01 (17,+2)	0:16:38 (29,-2)	0:22:16 (19,+1)	1:43:52	+ 19:42	06:11
18	375	MARTINOLI DIEGO	GP VALCHIAVENNA		0:28:39 (27)	1:06:10 (21,+6)	1:22:01 (21)	0:28:39 (27)	0:37:31 (18,+6)	0:15:51 (18)	0:22:25 (20,+3)	1:44:27	+ 20:17	06:13
19	463	SPEZIALE SILVIO	G.P. TALAMONA		0:28:40 (28)	1:05:36 (18,+10)	1:21:19 (17,+1)	0:28:40 (28)	0:36:55 (16,+10)	0:15:42 (14,+1)	0:22:11 (27,-2)	1:44:31	+ 20:21	06:13
20	414	PEDROTTI JEAN PIERRE	A.S. LANZADA		0:28:09 (21)	1:05:53 (20,+1)	1:21:46 (19,+1)	0:28:09 (21)	0:37:44 (20,+1)	0:15:52 (19,+1)	0:23:10 (26,-1)	1:44:56	+ 20:46	06:15
21	386	MOLATORE DANIELE	G.P. SANTI NUOVA OLONIO		0:28:39 (26)	1:07:37 (28,-2)	1:23:50 (29,-1)	0:28:39 (26)	0:34:39 (9,+8)	0:16:13 (23,-1)	0:21:11 (11,+8)	1:45:01	+ 20:51	06:15
22	485	ZANINI FAUSTO	DELO VERTICAL COACHING		0:28:21 (23)	1:06:16 (22,+1)	1:22:32 (23,-1)	0:28:21 (23)	0:37:54 (21,+1)	0:16:16 (25,-1)	0:22:35 (22,+1)	1:45:08	+ 20:58	06:15
23	427	POLIDORI LUCA	TEAM VALTELLINA		0:27:08 (16)	1:05:40 (19,-3)	1:21:53 (20,-1)	0:27:08 (16)	0:38:31 (27,-3)	0:15:13 (24,-1)	0:23:23 (30,-3)	1:45:17	+ 21:07	06:16
24	250	BARLASCINI MARCO	G.S. C.S.I. MORBEGNO	M40M	0:28:02 (19)	1:06:36 (24,-5)	1:22:39 (24)	0:28:02 (19)	0:38:33 (28,-5)	0:16:03 (21)	0:22:41 (23)	1:45:21	+ 21:11	06:16
25	340	FOLINI STEFANO	RUNCARD		0:29:07 (32)	1:06:40 (25,+7)	1:23:23 (25)	0:29:07 (32)	0:37:33 (19,+7)	0:16:42 (30)	0:22:33 (21)	1:45:57	+ 21:47	06:18
26	234	SPINI STEFANO	TEAM VALTELLINA		0:28:08 (20)	1:06:31 (23,-3)	1:22:15 (22,+1)	0:28:08 (20)	0:38:22 (25,-3)	0:15:44 (16,+1)	0:23:47 (38,-4)	1:46:02	+ 21:52	06:19
27	475	TOPPI MICHELE	POL. ALBOSAGGIA	M40M	0:29:21 (37)	1:07:40 (29,+8)	1:23:47 (28,+1)	0:29:21 (37)	0:38:18 (24,+8)	0:16:07 (22,+1)	0:22:56 (24,+1)	1:46:43	+ 22:33	06:21
28	288	CASELLINI GIACOMO			0:28:50 (31)	1:07:05 (26,+5)	1:23:29 (26)	0:28:50 (31)	0:38:15 (23,+5)	0:16:23 (27)	0:23:30 (33,-2)	1:47:00	+ 22:50	06:22
29	367	LANFREDINI FABIO	TEAM VALTELLINA	M40M	0:28:25 (24)	1:07:27 (27,-3)	1:23:45 (27)	0:28:25 (24)	0:39:02 (31,-3)	0:16:17 (26)	0:23:42 (37,-2)	1:47:27	+ 23:17	06:24
30	236	BIANCHI BEATRICE	♀ LA RECASTELLO RADICI GROUP		0:29:29 (39)	1:10:05 (35,+4)	1:25:47 (33,+2)	0:29:29 (39)	0:40:35 (36,+4)	0:15:42 (13,+2)	0:24:42 (15,+3)	1:47:29	+ 23:19	06:24
31	345	FUMELLI ROBERTO	G.S. C.S.I. MORBEGNO	M40M	0:29:31 (41)	1:09:16 (32,+9)	1:25:05 (30,+2)	0:29:31 (41)	0:39:44 (32,+9)	0:15:49 (17,+2)	0:23:17 (28,-1)	1:48:23	+ 24:13	06:27
32	446	ROSINA MIRKO	TEAM VALTELLINA	M40M	0:28:29 (25)	1:08:19 (31,-6)	1:25:16 (31)	0:28:29 (25)	0:39:50 (33,-6)	0:16:57 (33)	0:23:06 (25,-1)	1:48:23	+ 24:13	06:27
33	301	COLLI RUDY	TEAM VALTELLINA	M40M	0:29:30 (40)	1:07:56 (30,+10)	1:25:19 (32,-2)	0:29:30 (40)	0:38:26 (26,+10)	0:15:44 (16,+1)	0:24:17 (44,-1)	1:49:36	+ 25:26	06:31
34	252	BARONIO STEFANO	ATELTICA MONTEROSA FOGU ARNAD		0:29:29 (38)	1:10:16 (36,+2)	1:27:03 (34,+2)	0:29:29 (38)	0:40:46 (39,+2)	0:16:47 (31,+2)	0:23:34 (35)	1:50:38	+ 26:28	06:35
35	477	VARISTO MARCO	ASD CASTELRAIDER		0:29:15 (35)	1:09:47 (33,+2)	1:27:08 (35,-2)	0:29:15 (35)	0:40:31 (35,+2)	0:17:13 (43,-2)	0:23:38 (36)	1:50:47	+ 26:37	06:36
36	239	ABATE STEFANO	G.S. C.S.I. MORBEGNO		0:31:27 (57)	1:10:28 (37,+20)	1:27:29 (36,+1)	0:31:27 (57)	0:39:01 (30,+20)	0:17:00 (36,+1)	0:23:50 (39)	1:51:20	+ 27:10	06:38
37	409	PASINI MATTEO	AMICI MADONNA NEVE LAGUNC		0:29:14 (34)	1:09:55 (34)	1:27:32 (37,-3)	0:29:14 (34)	0:40:40 (38)	0:17:36 (47,-3)	0:23:55 (40)	1:51:28	+ 27:18	06:38
38	275	BROCCIO ANTONIO	CANTO DI CORSA	M40M	0:30:20 (45)	1:11:11 (41,+4)	1:28:17 (39,+2)	0:30:20 (45)	0:40:51 (40,+4)	0:17:06 (39,+2)	0:23:21 (29,+1)	1:51:38	+ 27:28	06:39
39	244	ARMAND DAVIDE			0:30:45 (48)	1:11:24 (42,+6)	1:28:29 (40,+2)	0:30:45 (48)	0:40:39 (37,+6)	0:17:05 (38,+2)	0:23:28 (32,+1)	1:51:57	+ 27:47	06:40
40	426	POLI ANDREA	TEAM VALTELLINA		0:30:33 (47)	1:12:52 (46,+1)	1:30:05 (44,+2)	0:30:33 (47)	0:42:18 (58,+1)	0:17:13 (41,+2)	0:23:33 (34,+4)	1:53:38	+ 29:28	06:46
41	423	PIZZINI STEFANO	TEAM VALTELLINA		0:30:45 (49)	1:11:59 (43,+6)	1:29:23 (43)	0:30:45 (49)	0:41:13 (44,+6)	0:17:24 (46)	0:24:45 (54,+2)	1:54:08	+ 29:58	06:48
42	248	BARDEA STEFANO	A.S. LANZADA		0:31:03 (53)	1:13:09 (50,+3)	1:30:09 (45,+5)	0:31:03 (53)	0:42:06 (53,+3)	0:17:34 (43,+5)	0:24:20 (47,+3)	1:54:59	+ 30:20	06:49
43	262	BERTOLINI MIRKO	LA RECASTELLO RADICI GROUP		0:28:48 (29)	1:11:03 (40,-11)	1:28:48 (42,-2)	0:28:48 (29)	0:42:15 (57,-11)	0:17:44 (51,-2)	0:25:51 (74,-1)	1:54:39	+ 30:29	06:49
44	454	SASSELLA FABIO	GP TALAMONA		0:29:19 (36)	1:10:37 (39,-3)	1:28:32 (41,-2)	0:29:19 (36)	0:41:18 (45,-3)	0:17:55 (54,-2)	0:26:07 (78,-3)	1:54:39	+ 30:29	06:49
45	433	PRANDI GABRIELE			0:31:43 (63)	1:13:46 (53,+10)	1:30:40 (49,+4)	0:31:43 (63)	0:42:02 (52,+10)	0:16:54 (32,+4)	0:24:16 (43,+4)	1:54:57	+ 30:47	06:51
46	486	ZUCCHIATTI ANDREA	TEAM ATTIVASALUTE ASD		0:28:49 (30)	1:13:05 (49,-19)	1:31:46 (53,-4)	0:28:49 (30)	0:44:16 (73,-19)	0:18:41 (71,-4)	0:23:25 (31,+7)	1:55:12	+ 31:02	06:51
47	466	TAGLIAFERRI ARIANNA	♀ AS PREMENA		0:31:23 (56)	1:13:34 (51,+5)	1:30:38 (47,+4)	0:31:23 (56)	0:42:10 (54,+5)	0:17:04 (37,+4)	0:24:47 (55)	1:55:25	+ 31:15	06:52
48	405	PANIGA LUIGI	TEAM VALTELLINA	M40M	0:32:53 (82)	1:13:58 (56,+26)	1:31:18 (52,+4)	0:32:53 (82)	0:41:05 (42,+26)	0:17:20 (42,+4)	0:24:09 (42,+4)	1:55:28	+ 31:18	06:52
49	315	DEL CURTO MATTEO	TEAM KV LAGUNC		0:30:47 (50)	1:13:37 (52,-2)	1:31:15 (51,+1)	0:30:47 (50)	0:42:49 (60,-2)	0:17:58 (48,+1)	0:24:19 (46,+2)	1:55:35	+ 31:25	06:53
50	408	PASINI FILIPPO	AMICI MADONNA NEVE LAGUNC	M40M	0:30:00 (43)	1:12:12 (44,-1)	1:30:21 (46,-2)	0:30:00 (43)	0:42:12 (55,-1)	0:18:08 (63,-2)	0:25:16 (62,-4)	1:55:38	+ 31:28	06:53
51	395	NANA ROBERTO	A.S. LANZADA	M40M	0:32:41 (76)	1:13:54 (55,+21)	1:31:56 (54,+1)	0:32:41 (76)	0:41:12 (43,+21)	0:18:02 (61,+1)	0:24:23 (48,+3)	1:56:20	+ 32:10	06:56
52	450	SAINI ANDREA	GS CASTIGNETTO		0:31:29 (59)	1:12:57 (47,+12)	1:30:47 (50,-3)	0:31:29 (59)	0:41:28 (46,+12)	0:17:49 (52,-3)	0:25:32 (67,-2)	1:56:20	+ 32:10	06:56
53	253	BARRI FEDERICO	FEDERICO BARRI		0:29:38 (42)	1:10:31 (38,+4)	1:27:54 (38)	0:29:38 (42)	0:40:53 (41,+4)	0:17:22 (44)	0:28:41 (122,-15)	1:56:35	+ 32:25	06:56
54	355	GIANOLA MICHELE	MICHELE GIANOLA		0:30:27 (46)	1:12:14 (45,+1)	1:30:39 (48,-3)	0:30:27 (46)	0:41:46 (50,+1)	0:18:25 (67,-3)	0:26:18 (80,-6)	1:56:57	+ 32:47	06:58
55	326	FALDARINI MATTEO	AMICI MADONNA NEVE LAGUNC		0:31:00 (51)	1:14:28 (58,-7)	1:32:26 (57,+1)	0:31:00 (51)	0:43:28 (66,-7)	0:17:57 (57,+1)	0:24:57 (56,+2)	1:57:24	+ 33:14	06:59
56	293	CIAPONI GIACOMO	G.P. TALAMONA		0:29:13 (33)	1:17:37 (77,-44)	1:38:15 (87,-10)	0:29:13 (33)	0:48:23 (119,-44)	0:20:37 (120,-10)	0:19:14 (4,+31)	1:57:29	+ 33:19	06:60
57	296	CICCI LINO	ATL. PARATICO	M50M	0:31:47 (65)	1:15:11 (62,+3)	1:33:07 (59,+3)	0:31:47 (65)	0:43:24 (65,+3)	0:17:55 (55,+3)	0:24:35 (51,+2)	1:57:42	+ 33:32	07:00
58	464	SPINI FRANCESCO	G.S. C.S.I. MORBEGNO		0:32:52 (80)	1:14:46 (60,+20)	1:32:46 (58,+2)	0:32:52 (80)	0:41:53 (51,+20)	0:18:00 (58,+2)	0:25:20 (64)	1:58:07	+ 33:57	07:02
59	373	MARCHISIO ALESSANDRO	AG MEDIA SPORT	M50M	0:31:27 (58)	1:14:41 (59,-1)	1:34:05 (63,-4)	0:31:27 (58)	0:43:13 (62,-1)	0:18:23 (60,-4)	0:24:30 (50,+4)	1:58:36	+ 34:26	07:04
60	270	BONETTI SIMONE	TEAM VALTELLINA		0:30:07 (44)	1:15:34 (66,-22)	1:33:57 (62,+4)	0:30:07 (44)	0:45:26 (83,-22)	0:18:23 (65,+4)	0:24:41 (52,+2)	1:58:38	+ 34:28	07:04
61	249	BARETTA NICOLA			0:31:21 (55)	1:14:01 (57,-2)	1:32:25 (56,+1)	0:31:21 (55)	0:42:40 (59,-2)	0:18:23 (66,+1)	0:26:29 (84,-5)	1:58:55	+ 34:45	07:05
62	311	DE BIANCHI LUCA	G.S. C.S.I. MORBEGNO	M40M	0:33:36 (97)	1:15:16 (63,+34)	1:33:20 (61,+2)	0:33:36 (97)	0:41:40 (49,+34)	0:18:03 (62,+2)	0:25:36 (69,-1)	1:58:56	+ 34:46	07:05
63	471	TIRINZONI BRUNO	RUNCARD		0:31:36 (61)	1:13:49 (54,+7)	1:32:10 (55,-1)	0:31:36 (61)	0:42:13 (56,+7)	0:18:20 (64,-1)	0			

Pos	Num	Cognome nome	Società	Cat	Paniga	Cima Colmen	Dazio bivio Crotto	da Morbegno a Paniga	da Paniga a Cima Colmen	da Cima Colmen a Dazio bivio Crotto	da Dazio bivio Crotto a Morbegno	Tempo	Dist.	Ritmo <small>min/km</small>
70	469	TARCA FABIO		M40M	0:33:00 (86)	1:17:42 (79,+7)	1:35:44 (74,+5)	0:33:00 (86)	0:44:42 (77,+7)	0:18:01 (59,+5)	0:24:18 (45,+4)	2:00:02	+ 35:52	07:09
71	438	RAVA DANIELE	DANIELE RAVA		0:31:45 (64)	1:15:48 (69,-5)	1:34:21 (65,+4)	0:31:45 (64)	0:40:02 (71,-5)	0:18:33 (69,+4)	0:25:47 (73,-6)	2:00:08	+ 35:58	07:09
72	320	DELLA PEDRINA SVEVA			0:32:41 (75)	1:13:02 (48,+27)	1:33:18 (60,+12)	0:32:41 (75)	0:40:20 (34,+27)	0:20:16 (113,-12)	0:27:20 (101,-12)	2:00:38	+ 36:28	07:11
73	343	FRANCHETTI ROBERTO	POL. ALBOSAGGIA	M50M	0:32:40 (74)	1:16:13 (74)	1:35:17 (72,+2)	0:32:40 (74)	0:43:33 (68)	0:19:03 (84,+2)	0:25:22 (65,-1)	2:00:39	+ 36:29	07:11
74	323	DEVREL SERGIO	RUNCARD		0:33:45 (102)	1:15:21 (64,+38)	1:34:22 (66,-2)	0:33:45 (102)	0:41:36 (48,+38)	0:19:00 (82,-2)	0:26:29 (83,-8)	2:00:51	+ 36:41	07:12
75	358	GIROLA IRENE	O.S.A. ORG.SPORTIVA ALPINISTI		0:31:50 (67)	1:17:11 (75,-8)	1:35:12 (71,+4)	0:31:50 (67)	0:45:21 (82,-8)	0:20:11 (60,+4)	0:25:45 (71,-4)	2:00:58	+ 36:48	07:12
76	238	VAGNI MONICA	ATL. PARATICO	M40F	0:32:12 (70)	1:15:33 (65,+5)	1:35:47 (75,-10)	0:32:12 (70)	0:43:21 (64,+5)	0:18:13 (112,-10)	0:26:01 (75,-1)	2:01:08	+ 37:38	07:15
77	264	BIASINI STEFANO	G.P. TALAMONA		0:34:06 (114)	1:19:43 (94,+20)	1:37:24 (81,+13)	0:34:06 (114)	0:45:36 (84,+20)	0:17:41 (50,+13)	0:25:16 (63,+4)	2:02:41	+ 38:31	07:18
78	429	POMONI DANIELE	AS PREMANA		0:32:59 (85)	1:19:35 (90,-5)	1:37:29 (82,+8)	0:32:59 (85)	0:46:36 (100,-5)	0:17:53 (53,+8)	0:25:23 (66,+4)	2:02:52	+ 38:42	07:19
79	376	MARTINOLI SIMONE	AMICI MADONNA NEVE LAGUNCI		0:33:32 (96)	1:17:41 (78,+18)	1:36:47 (78)	0:33:32 (96)	0:44:09 (72,+18)	0:19:06 (86)	0:26:32 (85,-1)	2:03:19	+ 39:09	07:20
80	330	FATONE RICCARDO	AS PREMANA		0:33:50 (107)	1:19:51 (96,+11)	1:37:47 (83,+13)	0:33:50 (107)	0:46:01 (93,+11)	0:17:56 (56,+13)	0:25:43 (70,+3)	2:03:31	+ 39:21	07:21
81	300	COLCIAGO FABRIZIO	TEAM VALTELLINA	M40M	0:32:42 (77)	1:17:31 (76,+1)	1:37:09 (79,-3)	0:32:42 (77)	0:44:48 (78,+1)	0:19:37 (93,-3)	0:26:42 (88,-2)	2:03:51	+ 39:41	07:22
82	399	OCCIONI RAMON	LA RECASTELLO RADICI GROUP		0:31:29 (60)	1:18:13 (83,-23)	1:37:11 (80,+3)	0:31:29 (60)	0:46:44 (103,-23)	0:18:58 (81,+3)	0:26:43 (89,-2)	2:03:55	+ 39:45	07:23
83	422	PIZZINI MATTEO	TEAM VALTELLINA		0:31:40 (62)	1:18:02 (81,-19)	1:36:39 (77,+4)	0:31:40 (62)	0:46:22 (97,-19)	0:18:36 (70,+4)	0:27:19 (100,-6)	2:03:59	+ 39:49	07:23
84	280	BUZZONI IVONNE	CARVICO SKYRUNNING	M40F	0:32:36 (72)	1:18:27 (85,-13)	1:38:08 (85)	0:32:36 (72)	0:45:51 (88,-13)	0:19:40 (94)	0:26:03 (76,+1)	2:04:11	+ 40:01	07:24
85	302	COLZADA GIANNI	AMICI MADONNA NEVE LAGUNCI	M50M	0:32:38 (73)	1:15:54 (70,+3)	1:35:42 (73,-3)	0:32:38 (73)	0:43:15 (68,+3)	0:20:36 (98,-3)	0:28:36 (121,-12)	2:04:19	+ 40:09	07:24
86	256	BEDOGNE' MATTIA	G.P. TALAMONA		0:33:46 (103)	1:19:30 (89,+14)	1:38:22 (88,+1)	0:33:46 (103)	0:45:44 (86,+14)	0:18:51 (78,+1)	0:26:08 (79,+2)	2:04:31	+ 40:21	07:25
87	482	VOLA ERMINIO	G.P. TALAMONA	M40M	0:33:44 (101)	1:19:42 (93,+8)	1:38:28 (90,+3)	0:33:44 (101)	0:45:57 (89,+8)	0:18:46 (74,+3)	0:26:05 (77,+3)	2:04:34	+ 40:24	07:25
88	372	MANENTI GIACOMO	G.P. VALCHIAVENNA		0:33:31 (95)	1:19:48 (95)	1:38:14 (86,+9)	0:33:31 (95)	0:46:16 (96)	0:18:26 (68,+9)	0:26:22 (81,-2)	2:04:36	+ 40:26	07:25
89	385	MOCELLINI ALBERTO	ATL. ALTA VALTELLINA		0:32:44 (78)	1:20:00 (99,-21)	1:39:26 (93,+6)	0:32:44 (78)	0:47:16 (110,-21)	0:19:25 (91,+6)	0:25:35 (68,+4)	2:05:01	+ 40:51	07:26
90	371	MAMBRETTI FRANCESCO	ASD ATLETICA PIDAGGIA 1528	M40M	0:33:48 (104)	1:22:57 (114,-10)	1:39:57 (101,+13)	0:33:48 (104)	0:49:09 (125,+13)	0:19:59 (35,+16)	0:25:13 (61,+11)	2:05:10	+ 41:00	07:27
91	413	PEDROLI PAOLO	PAOLO PEDROLI		0:33:02 (87)	1:19:11 (87)	1:38:04 (84,+3)	0:33:02 (87)	0:46:09 (94)	0:18:52 (79,+3)	0:27:27 (103,-7)	2:05:32	+ 41:22	07:28
92	394	MUTTONI GIAN BATTISTA	POL PAGONIA	M50M	0:32:57 (84)	1:18:38 (86,-2)	1:38:27 (89,-3)	0:32:57 (84)	0:45:40 (85,-2)	0:19:49 (99,-3)	0:27:35 (106,-3)	2:06:03	+ 41:53	07:30
93	452	SALICE MIRCO	G.P. SANTI NUOVA OLONIO	M50M	0:33:05 (88)	1:19:56 (98,-10)	1:39:07 (92,+6)	0:33:05 (88)	0:46:50 (104,-10)	0:19:10 (87,+6)	0:27:05 (94,-1)	2:06:12	+ 42:02	07:31
94	251	BARONIO MARTINA	A.S.D.CLIMB RUNNERS		0:33:38 (99)	1:20:03 (101,-2)	1:39:46 (95,+6)	0:33:38 (99)	0:46:25 (98,-2)	0:19:42 (95,+6)	0:26:35 (86,+1)	2:06:21	+ 42:11	07:31
95	314	DEI CAS FRANCESCO	G.S. VALGEROLA CIAPPARELLI		0:33:40 (100)	1:19:39 (92,+8)	1:39:45 (94,-2)	0:33:40 (100)	0:45:58 (91,+8)	0:20:06 (110,-2)	0:27:11 (96,-1)	2:06:57	+ 42:47	07:33
96	462	SPEZIALE DANIELE	RUNCARD	M40M	0:34:04 (113)	1:21:20 (108,+5)	1:40:22 (105,+3)	0:34:04 (113)	0:47:16 (111,+5)	0:19:02 (83,+3)	0:26:40 (87,+9)	2:07:03	+ 42:53	07:34
97	407	PARUSCIO MICHELE	TEAM VALTELLINA	M40M	0:37:03 (147)	1:20:34 (105,+42)	1:39:50 (98,+7)	0:37:03 (147)	0:43:31 (67,+42)	0:19:15 (88,+7)	0:27:14 (98,+1)	2:07:04	+ 42:54	07:34
98	292	CERRI ALESSIO			0:34:02 (111)	1:21:11 (107,+4)	1:40:17 (104,+3)	0:34:02 (111)	0:47:09 (107,+4)	0:19:05 (85,+3)	0:26:49 (90,+6)	2:07:06	+ 42:56	07:34
99	246	BALDINELLI LUCA	TEAM VALTELLINA	M40M	0:33:37 (98)	1:20:03 (102,-4)	1:39:54 (99,+3)	0:33:37 (98)	0:46:25 (99,-4)	0:19:51 (100,+3)	0:27:11 (97)	2:07:06	+ 42:56	07:34
100	384	MERAVIGLIA FABIO	TEAM VALTELLINA		0:33:52 (108)	1:21:44 (109,-1)	1:41:36 (109)	0:33:52 (108)	0:47:52 (114,-1)	0:19:51 (101)	0:26:24 (82,+9)	2:08:01	+ 43:51	07:37
101	331	FAZZINI MARCO	AS PREMANA		0:33:50 (106)	1:20:00 (100,+6)	1:39:48 (97,+3)	0:33:50 (106)	0:46:10 (95,+6)	0:19:47 (97,+3)	0:28:13 (112,-4)	2:08:02	+ 43:52	07:37
102	242	ANGELINI SERGIO	G.S. C.S.I. MORBEGNO	M50M	0:33:49 (105)	1:18:14 (84,+21)	1:39:47 (96,-12)	0:33:49 (105)	0:44:24 (74,+21)	0:21:33 (135,-12)	0:28:18 (115,-6)	2:08:06	+ 43:56	07:38
103	289	CASSINA PAOLO	G.S. VALGEROLA CIAPPARELLI		0:32:54 (83)	1:19:37 (91,-8)	1:40:10 (103,-12)	0:32:54 (83)	0:46:43 (102,-8)	0:20:33 (119,-12)	0:27:56 (109)	2:08:06	+ 43:56	07:38
104	374	MARELLI GIOVANNI	TEAM VALTELLINA		0:34:07 (115)	1:19:55 (97,+18)	1:39:54 (100,-3)	0:34:07 (115)	0:45:48 (87,+18)	0:19:58 (107,-3)	0:28:17 (114,-4)	2:08:02	+ 44:02	07:38
105	350	GARAGIOLA LUCA	A.S.D. FREE RUNNERS TEAM		0:33:30 (93)	1:20:07 (103,-10)	1:40:03 (102,+1)	0:33:30 (93)	0:46:37 (101,-10)	0:19:55 (103,+1)	0:28:24 (118,-3)	2:08:27	+ 44:17	07:39
106	378	MASPE MARIAVITTORIA	2002 MARATHON CLUB		0:36:09 (128)	1:20:37 (106,+22)	1:41:39 (110,-4)	0:36:09 (128)	0:46:01 (98,+22)	0:21:01 (127,-4)	0:26:50 (91,+4)	2:08:29	+ 44:19	07:39
107	474	TOMÈ ANGELO	GS CASTIGNETTO		0:32:53 (81)	1:17:52 (80,+1)	1:38:41 (91,-11)	0:32:53 (81)	0:44:58 (80,+1)	0:20:49 (121,-11)	0:31:11 (144,-16)	2:09:53	+ 45:43	07:44
108	449	RUSCONI ELIA	G.S. MARIO CORTI 1959		0:35:52 (125)	1:24:20 (123,+2)	1:43:03 (111,+12)	0:35:52 (125)	0:48:27 (120,+2)	0:18:43 (73,+12)	0:27:30 (105,+3)	2:10:34	+ 46:24	07:46
109	456	SCARINZI STEFANO		M50M	0:33:26 (90)	1:19:27 (88,+2)	1:40:53 (108,-20)	0:33:26 (90)	0:46:01 (92,+2)	0:21:25 (131,-20)	0:29:43 (135,-1)	2:10:37	+ 46:27	07:47
110	276	BRUMANA ENNIO	POL. PAGONIA	M50M	0:34:19 (119)	1:23:45 (118,+1)	1:43:42 (115,+3)	0:34:19 (119)	0:49:26 (129,+1)	0:19:56 (105,+3)	0:27:01 (93,+5)	2:10:43	+ 46:33	07:47
111	363	GUSMEROLI MATTEO	RUNCARD	M40M	0:34:02 (112)	1:24:03 (120,-8)	1:43:35 (114,+6)	0:34:02 (112)	0:50:01 (136,-8)	0:19:31 (92,+6)	0:27:08 (95,+3)	2:10:44	+ 46:34	07:47
112	332	FAZZINI MIRKO	AS PREMANA		0:33:56 (109)	1:24:00 (119,-10)	1:43:52 (116,+3)	0:33:56 (109)	0:50:03 (137,-10)	0:19:52 (102,+3)	0:26:52 (92,+4)	2:10:44	+ 46:34	07:47
113	396	NEGRI MARCO	ATL. ALTA VALTELLINA		0:32:24 (71)	1:21:51 (111,+40)	1:40:40 (106,+5)	0:32:24 (71)	0:49:26 (128,+40)	0:18:49 (55,+5)	0:30:14 (140,-7)	2:10:55	+ 46:45	07:48
114	419	PEYRACCHIA GESSICA	A.S.D.PODISTICA VALLE VARAITA		0:37:06 (150)	1:24:16 (122,+28)	1:45:15 (122)	0:37:06 (150)	0:47:10 (108,+28)	0:20:58 (124)	0:25:47 (72,+8)	2:11:02	+ 46:52	07:48
115	360	GRANDI MAURIZIO	RUNCARD	M50M	0:33:28 (91)	1:21:48 (110,-19)	1:43:30 (113,-3)	0:33:28 (91)	0:48:20 (117,-19)	0:21:41 (143,-3)	0:28:21 (117,-2)	2:11:52	+ 47:42	07:51
116	294	CIAPONI IVAN	G.P. TALAMONA	M40M	0:36:39 (134)	1:23:37 (117,+17)	1:44:56 (119,-2)	0:36:39 (134)	0:46:58 (106,+17)	0:21:19 (130,-2)	0:27:42 (108,+3)	2:12:39	+ 48:29	07:54
117	337	FIORRELLI MATTEO	TEAM VALTELLINA	M40M	0:33:31 (94)	1:23:17 (115,-21)	1:43:26 (112,+3)	0:33:31 (94)	0:49:46 (134,-21)	0:20:09 (111,+3)	0:29:26 (133,-5)	2:12:53	+ 48:43	07:55
118	241	ALBARELLI MATTEO	RUNCARD		0:36:08 (127)	1:25:37 (130,-3)	1:45:34 (124,+6)	0:36:08 (127)	0:49:29 (130,+6)	0:19:57 (106,+6)	0:27:29 (104,+6)	2:13:03	+ 48:53	07:55
119	298	COCCI DARIO	RUNCARD		0:37:08 (152)	1:25:56 (135,+17)	1:45:59 (126,+9)	0:37:08 (152)	0:48:48 (123,+17)	0:20:02 (109,+9)	0:27:27 (102,+7)	2:13:26	+ 49:16	07:57
120	366	LAMBERTI GIORDANO	RUNCARD	M40M	0:36:28 (132)	1:23:24 (116,+16)	1:45:00 (120,-4)	0:36:28 (132)	0:46:55 (105,+16)	0:20:52 (136,-4)	0:28:36 (120)	2:13:36	+ 49:26	07:57
121	432	POZZI LIA MARIA	G.A.P. SARONNO		0:35:12 (123)	1:25:45 (131,-8)	1:46:08 (128,+3)	0:35:12 (123)	0:50:32 (138,-8)	0:20:22 (115,+3)	0:28:12 (111,+7)	2:14:20	+ 50:10	07:60
122	259	BERTOLDINI TADDEO	FALCHI-LECCO	M40M	0:35:53 (126)	1:25:45 (132,-6)	1:46:44 (132)	0:35:53 (126)	0:49:51 (135,-6)	0:20:59 (126)	0:27:38 (107,+10)	2:14:22	+ 50:12	07:60
123	436	QUISTINI BRUNO	LA RECASTELLO RADICI GROUP	M50M	0:36:10 (129)	1:25:48 (133,-4)	1:46:37 (131,+2)	0:36:10 (129)	0:49:37 (131,-4)	0:20:49 (122,+2)	0:27:59 (110,+8)	2:14:36	+ 50:26	08:01
124	273	BORDONI MATTEO	AS PREMANA	M40M	0:36:43 (137)	1:24:09 (121,+16)	1:45:46 (125,-4)	0:36:43 (137)	0:47:25 (112,+16)	0:21:37 (138,-4)	0:29:02 (126,+1)	2:14:49	+ 50:39	08:01
125	442	ROMERI ARIANNA	RUNCARD		0:37:09 (154)	1:24:24 (124,+30)	1:44:24 (117,+7)	0:37:09 (154)	0:47:15 (109,+30)	0:20:00 (108,+7)	0:30:34 (141,-8)	2:14:59	+ 50:49	08:02
126	383	MELONI ALBERTO	ASD CASTELRA											

Pos	Num	Cognome nome	Società	Cat	Paniga	Cima Colmen	Dazio bivio Crotto	da Morbegno a Paniga	da Paniga a Cima Colmen	da Cima Colmen a Dazio bivio Crotto	da Dazio bivio Crotto a Morbegno	Tempo	Dist.	Ritmo min/km
148	356	GIAQUINTO NICOLA FRANCESCO		M50M	0:39:03 (188)	1:31:02 (152,+36)	1:52:46 (150,+2)	0:39:03 (188)	0:51:59 (147,+36)	0:21:43 (145,+2)	0:29:20 (130,+2)	2:22:06	+ 57:56	08:27
149	339	FLEMATTI FABIO	A.S. LANZADA	M50M	0:38:41 (176)	1:30:54 (151,+25)	1:53:00 (151)	0:38:41 (176)	0:52:05 (148,+25)	0:22:05 (145,+2)	0:30:09 (139,+2)	2:23:10	+ 59:00	08:31
150	257	BELOTTI LUCIANO	POL. ALBOSAGGIA	M50M	0:36:40 (135)	1:29:54 (149,+14)	1:51:34 (148,+1)	0:36:40 (135)	0:53:13 (153,-14)	0:21:39 (140,+1)	0:31:43 (155,-2)	2:23:17	+ 59:07	08:32
151	424	POGGIONI ANDREA	RUNNERS VALBOSSA-AZZATE	M50M	0:37:37 (162)	1:33:10 (162)	1:54:10 (154,+8)	0:37:37 (162)	0:55:33 (169)	0:20:59 (125,+8)	0:29:32 (134,+3)	2:23:42	+ 59:32	08:33
152	369	LEGNANI LUCA		M50M	0:37:29 (159)	1:31:29 (156,+3)	1:53:04 (152,+4)	0:37:29 (159)	0:53:59 (156,+3)	0:21:35 (137,+4)	0:30:59 (143)	2:24:03	+ 59:53	08:34
153	335	FINZI CHIARA	♀	M50M	0:37:27 (158)	1:31:18 (154,+4)	1:54:06 (153,+1)	0:37:27 (158)	0:53:50 (155,+4)	0:22:48 (162,+1)	0:30:52 (142)	2:24:58	+ 1:00:48	08:38
154	265	BIGIOLLI RICCARDO		M50M	0:38:45 (178)	1:32:27 (159,+19)	1:54:13 (155,+4)	0:38:45 (178)	0:56:31 (174,-11)	0:21:46 (146,+4)	0:31:16 (146,+1)	2:25:29	+ 1:01:19	08:40
155	324	DUCA PAOLO	ASD SPORTIVA LANZADA	M50M	0:38:45 (179)	1:33:50 (168,+11)	1:55:34 (160,+8)	0:38:45 (179)	0:55:04 (162,+11)	0:21:43 (144,+8)	0:30:03 (138,+5)	2:25:37	+ 1:01:27	08:40
156	370	LEONI CARLO	TEAM VALTELLINA	M50M	0:40:24 (196)	1:33:12 (163,+33)	1:54:27 (156,+7)	0:40:24 (196)	0:52:47 (151,+33)	0:21:15 (129,+7)	0:31:17 (147)	2:25:45	+ 1:01:35	08:41
157	329	FASCENDINI GIORGIA	♀ G.P. SANTI NUOVA OLONIO	M50M	0:37:01 (145)	1:32:06 (158,-13)	1:55:57 (164,-6)	0:37:01 (145)	0:55:04 (163,-13)	0:23:51 (172,-6)	0:29:50 (137,+7)	2:25:47	+ 1:01:37	08:41
158	445	ROMERI TULLIO	G.S. VALGEROLA CIAPPARELLI	M50M	0:36:54 (139)	1:31:05 (153,+14)	1:54:31 (157,-4)	0:36:54 (139)	0:54:10 (157,-14)	0:23:26 (166,+4)	0:32:24 (163,+1)	2:26:56	+ 1:02:46	08:45
159	341	RIZZI LARA	♀ AS PREMANA	M40F	0:38:43 (177)	1:33:45 (167,+10)	1:55:51 (162,+5)	0:38:43 (177)	0:55:01 (160,+10)	0:22:06 (152,+5)	0:32:09 (161,+3)	2:28:00	+ 1:03:50	08:49
160	483	VOLA RENATO	TEAM VALTELLINA	M50M	0:37:44 (165)	1:33:06 (161,+4)	1:56:14 (165,-4)	0:37:44 (165)	0:55:21 (167,+4)	0:23:08 (164,+4)	0:32:07 (159,+5)	2:28:21	+ 1:04:11	08:50
161	278	BUONOPANE ANDREA	RUNCARD	M50M	0:37:10 (155)	1:33:41 (166,-11)	1:55:54 (163,+3)	0:37:10 (155)	0:56:31 (174,-11)	0:22:13 (153,+3)	0:32:37 (167,+2)	2:28:31	+ 1:04:21	08:50
162	465	TAFFURELLI ALBERTO	RUNCARD	M40M	0:36:40 (136)	1:31:55 (157,-21)	1:55:15 (159,-2)	0:36:40 (136)	0:55:14 (166,-21)	0:21:39 (165,-2)	0:33:19 (175,-3)	2:28:34	+ 1:04:24	08:51
163	363	FIORANI GALLOTTA GIACOMO	RUNCARD	M50M	0:39:14 (192)	1:35:57 (178,+14)	1:57:28 (166,+12)	0:39:14 (192)	0:56:42 (177,+14)	0:23:10 (149,+12)	0:31:11 (145,+3)	2:28:39	+ 1:04:29	08:51
164	387	MOLTA ENRICO	TEAM VALTELLINA	M50M	0:37:48 (167)	1:33:17 (164,+3)	1:55:41 (161,+3)	0:37:48 (167)	0:55:29 (168,+3)	0:22:23 (155,+3)	0:33:15 (174,-3)	2:28:57	+ 1:04:47	08:52
165	317	DEL RE DANIELE	G.P. VALCHIAVENNA	M50M	0:36:58 (143)	1:28:11 (144,-1)	1:50:51 (147,-3)	0:36:58 (143)	0:51:13 (142,-1)	0:22:39 (158,-3)	0:38:17 (210,-18)	2:29:08	+ 1:04:58	08:53
166	480	VENZI ROMOLO		M50M	0:38:37 (174)	1:35:03 (177,-3)	1:57:49 (168,+9)	0:38:37 (174)	0:56:25 (173,-3)	0:22:45 (161,+9)	0:31:25 (149,+2)	2:29:14	+ 1:05:04	08:53
167	258	BERTERA TATIANA	♀ CARVICO SKYRUNNING	M40F	0:38:19 (171)	1:33:29 (165,+6)	1:57:39 (167,-2)	0:38:19 (171)	0:55:10 (164,+6)	0:24:09 (173,-2)	0:31:56 (157)	2:29:36	+ 1:05:26	08:54
168	279	BUSI PAOLO		M50M	0:37:40 (164)	1:29:54 (150,+14)	1:54:36 (158,-8)	0:37:40 (164)	0:52:41 (149,+14)	0:20:41 (182,-8)	0:30:58 (200,-10)	2:29:34	+ 1:06:24	08:58
169	455	SCAPATICCI FABIO ENRICO	ALZATA NAVIGLIO RUNNERS	M50M	0:38:51 (183)	1:33:02 (160,+23)	1:58:08 (170,-10)	0:38:51 (183)	0:54:11 (158,+23)	0:25:05 (190,-10)	0:32:34 (166,+1)	2:30:43	+ 1:06:33	08:58
170	328	FANONI GIAMPIETRO	GIAMPIETRO FANONI	M50M	0:38:46 (180)	1:33:59 (170,+10)	1:58:43 (172,-2)	0:38:46 (180)	0:55:13 (165,+10)	0:24:43 (183,-2)	0:32:15 (162,+2)	2:30:59	+ 1:06:49	08:59
171	418	PERREGRINI PIERO ROBERTO	TEAM VALTELLINA	M50M	0:39:08 (190)	1:37:01 (185,+5)	1:59:46 (177,+8)	0:39:08 (190)	0:57:53 (190,+5)	0:22:44 (160,+8)	0:31:29 (151,+6)	2:31:15	+ 1:07:05	09:00
172	318	DELLA CAGNOLETTA MICHELE		M50M	0:37:27 (157)	1:34:03 (171,+14)	1:57:53 (169,+2)	0:37:27 (157)	0:56:35 (176,-14)	0:23:50 (171,+2)	0:33:53 (177,-3)	2:31:46	+ 1:07:36	09:02
173	307	CORZUOL LUCA	A.L.S. CREMELLA	M50M	0:36:54 (138)	1:35:00 (176,-38)	2:00:16 (179,-3)	0:36:54 (138)	0:58:06 (191,-38)	0:25:16 (195,-3)	0:32:09 (160,+6)	2:32:26	+ 1:08:16	09:04
174	240	ACQUISTAPACE MONIA	♀ G.P. SANTI NUOVA OLONIO	M50F	0:38:32 (173)	1:36:00 (179,-6)	2:01:08 (181,-2)	0:38:32 (173)	0:57:28 (188,-6)	0:25:07 (193,-2)	0:31:23 (148,+7)	2:32:32	+ 1:08:22	09:05
175	268	BONDANZA ELIO	ARDENNO SPORTIVA	M50M	0:38:38 (175)	1:34:29 (173,+2)	1:58:46 (173)	0:38:38 (175)	0:56:51 (170,+2)	0:24:16 (176)	0:33:59 (179,-2)	2:32:45	+ 1:08:35	09:06
176	468	TARCA BRUNO	TEAM VALTELLINA	M50M	0:38:52 (184)	1:36:12 (181,+3)	1:59:43 (176,+5)	0:38:52 (184)	0:57:19 (187,+3)	0:23:31 (168,+5)	0:33:08 (170)	2:32:51	+ 1:08:41	09:06
177	274	BRAVI FABIO	ROMANO RUNNING	M50M	0:39:04 (189)	1:33:55 (169,+20)	1:58:25 (171,-2)	0:39:04 (189)	0:54:50 (159,+20)	0:24:30 (180,-2)	0:34:33 (185,-6)	2:32:59	+ 1:08:49	09:06
178	381	MAZZONI MICHELE	G.P. SANTI NUOVA OLONIO	M50M	0:37:36 (160)	1:36:54 (183,-23)	1:59:35 (175,+8)	0:37:36 (160)	0:59:17 (193,-23)	0:22:41 (159,+8)	0:34:45 (187,-3)	2:34:20	+ 1:10:10	09:11
179	299	CODEGA ADA	♀ PREMANA	M50F	0:38:58 (186)	1:36:16 (182,+4)	2:00:06 (178,+4)	0:38:58 (186)	0:57:17 (186,+4)	0:23:50 (170,+4)	0:35:05 (190,-1)	2:35:11	+ 1:11:01	09:14
180	291	CECILIANI SOFIA	♀ TEAM VALTELLINA	M50M	0:39:01 (187)	1:39:52 (195,-8)	2:03:28 (187,+8)	0:39:01 (187)	1:00:51 (200,-8)	0:23:56 (169,+8)	0:31:52 (156,+7)	2:35:21	+ 1:11:11	09:15
181	417	PERREGRINI ANDREA	TEAM VALTELLINA	M50M	0:39:09 (191)	1:36:04 (180,+11)	2:00:56 (180)	0:39:09 (191)	0:56:55 (181,+11)	0:24:52 (184)	0:34:26 (181,-1)	2:35:32	+ 1:11:12	09:15
182	347	GALATI EVELINA	♀ ASD ATLETICA PIDAGGIA 1528	M40M	0:40:36 (198)	1:37:08 (186,+12)	2:02:08 (182,+4)	0:40:36 (198)	0:56:31 (175,+12)	0:24:59 (188,+4)	0:33:23 (176)	2:35:21	+ 1:11:21	09:15
183	379	MAZZOLINI ELISA	♀ TEAM VALTELLINA	M50M	0:42:42 (208)	1:39:40 (192,+16)	2:03:51 (188,+4)	0:42:42 (208)	0:56:58 (182,+16)	0:24:11 (174,+4)	0:32:05 (158,+5)	2:35:57	+ 1:11:47	09:17
184	472	TOGNI SERGIO	VALTELLINA SUB	M50M	0:42:42 (207)	1:39:43 (193,+14)	2:03:55 (189,+4)	0:42:42 (207)	0:57:01 (183,+14)	0:24:11 (175,+4)	0:32:25 (164,+5)	2:36:21	+ 1:12:11	09:18
185	297	CLIVIO MARCO	ATL. SAN MARCO U.S. ACLI	M50M	0:42:23 (206)	1:39:30 (191,+15)	2:03:58 (190,+1)	0:42:23 (206)	0:57:07 (184,+15)	0:24:27 (179,+1)	0:33:09 (171,+5)	2:37:08	+ 1:12:58	09:21
186	362	GUSMEROLI ANDREA	RUNCARD	M40M	0:38:56 (185)	1:38:24 (189,-4)	2:03:19 (186,+3)	0:38:56 (185)	0:59:27 (194,-4)	0:24:54 (186,+3)	0:34:02 (180)	2:37:22	+ 1:13:12	09:22
187	266	BISSARO GIACOMO	ATLETICA MONTEROSA FOGU ARNAD	M50M	0:37:26 (156)	1:34:17 (172,-16)	1:59:32 (174,-2)	0:37:26 (156)	0:56:50 (179,-16)	0:25:14 (194,-2)	0:39:00 (215,-13)	2:38:32	+ 1:14:22	09:26
188	443	ROMERI ATTILIO	TEAM VALTELLINA	M50M	0:37:49 (168)	1:36:57 (184,-16)	2:03:09 (185,-1)	0:37:49 (168)	0:59:08 (192,-16)	0:26:11 (201,-1)	0:35:32 (195,-3)	2:38:42	+ 1:14:32	09:27
189	400	PAGGI CHRISTIAN	AMICI MADONNA NEVE LAGUNC	M40M	0:40:31 (197)	1:37:15 (188,+9)	2:03:07 (184,+4)	0:40:31 (197)	0:56:43 (178,+9)	0:25:51 (198,+4)	0:36:28 (202,-5)	2:39:35	+ 1:15:25	09:30
190	393	MOZZI GIMMI	AMICI MADONNA NEVE LAGUNC	M40M	0:40:19 (194)	1:37:12 (187,+7)	2:03:04 (183,+4)	0:40:19 (194)	0:56:52 (180,+7)	0:25:52 (199,+4)	0:36:31 (203,-7)	2:39:36	+ 1:15:26	09:30
191	287	CASARI GIAMPAOLO	RUNCARD	M50M	0:41:39 (202)	1:41:28 (199,+3)	2:05:51 (192,+7)	0:41:39 (202)	0:59:48 (196,+3)	0:24:23 (178,+7)	0:35:17 (191,+1)	2:40:53	+ 1:16:58	09:35
192	411	PATRIARCA MASSIMILIANO	ATLETICA ALTO LARIO	M50M	0:41:17 (201)	1:43:22 (202,-1)	2:08:27 (199,+3)	0:41:17 (201)	1:02:04 (205,-1)	0:25:05 (192,+3)	0:33:10 (172,+7)	2:41:38	+ 1:17:28	09:37
193	392	MOTTALINI FABIOLA	♀ G.S. C.S.I. MORBEGNO	M40F	0:42:20 (205)	1:40:00 (197,+8)	2:06:13 (193,+4)	0:42:20 (205)	0:57:39 (189,+8)	0:26:13 (202,+4)	0:35:29 (194)	2:41:42	+ 1:17:32	09:38
194	334	FERRARA GIUSEPPE	ATL. ALTA VALTELLINA	M40M	0:38:51 (182)	1:42:57 (200,-18)	2:07:18 (197,+3)	0:38:51 (182)	0:54:05 (214,-18)	0:24:12 (177,+3)	0:34:54 (189,+3)	2:42:11	+ 1:18:03	09:39
195	391	MOSTACCHI SIMONE	POL. ALBOSAGGIA	M40M	0:39:25 (193)	1:43:12 (201,-8)	2:07:49 (198,+3)	0:39:25 (193)	1:03:47 (212,-8)	0:24:36 (181,+3)	0:34:31 (182,+3)	2:42:21	+ 1:18:11	09:40
196	428	POLVARA LUCA	RUNCARD - DAPPERTUTTO.ORG	M50M	0:37:47 (166)	1:39:52 (196,-30)	2:07:03 (196)	0:37:47 (166)	0:52:04 (206,-30)	0:27:10 (209)	0:35:56 (199)	2:42:59	+ 1:18:49	09:42
197	458	SCHIANTARELLI GIUSEPPE	G.P. TALAMONA	M50M	0:37:06 (149)	1:38:55 (190,-41)	2:04:36 (191,-1)	0:37:06 (149)	1:01:49 (204,-41)	0:25:40 (197,-1)	0:39:16 (216,-6)	2:43:53	+ 1:19:43	09:45
198	437	RAGNI MIRKO	M40M	0:40:22 (195)	1:40:04 (198,-3)	2:06:52 (195,+3)	0:40:22 (195)	0:59:41 (195,-3)	0:26:48 (203,+3)	0:27:00 (205)	0:37:36 (206,-3)	2:44:28	+ 1:20:18	09:47
199	402	PANELLA GIOVANNI	2002 MARATHON CLUB	M50M	0:43:35 (213)	1:39:46 (194,+19)	2:06:47 (194)	0:43:35 (213)	0:56:10 (172,+19)	0:27:00 (205)	0:38:02 (207,-5)	2:44:49	+ 1:20:39	09:49
200	284	CARGANICO SERENA	♀ SPORT RACE VALTELLINA	M40F	0:43:17 (210)	1:45:06 (206,+4)	2:10:00 (201,+5)	0:43:17 (210)	1:01:48 (203,+4)	0:24:53 (185,+5)	0:35:33 (196,+1)	2:45:33	+ 1:21:23	09:51
201	439	RIBONI GIANBATTISTA	SPORT RACE VALTELLINA	M50M	0:43:15 (209)	1:45:01 (205,+4)	2:09:57 (200,+5)	0:43:15 (209)	1:01:45 (202,+4)	0:24:56 (187,+5)	0:35:36 (197,-1)	2:45:34	+ 1:21:24	09:51
202	327	FANCHI ANDREA		M50M	0:47:06 (216)	1:34:46 (175,+14)	2:10:09 (202,-7)	0:37:36 (161)	0:57:09 (185,-14)	0:35:22 (228,-27)	0:39:17 (217)	2:49:26	+ 1:25:16	10:05
203	425	POLETTI PAOLA	♀ G.S. VALGEROLA CIAPPARELLI	M50F	0:44:01 (261)	1:46:57 (209,+7)	2:13:57 (205,+4)	0:44:01 (261)	1:02:59 (208,+7)	0:26:59 (204,+4)	0:36:48 (205,+2)	2:50:45	+ 1:26:35	10:10
204	380	MAZZONI IVO		M50M	0:46:01 (224)	1:51:57 (220,+4)	2:16:58 (214,+6)	0:46:01 (224)	1:05:55 (218,+4)	0:25:00 (189,+6)	0:33:58 (178,+10)	2:50:56	+ 1:26:46	10:11
205	388	MONTI LUDMILA MANUELA	♀ ATLETICA ALTO LARIO	M50M	0:41:49 (204)	1:50:35 (219,-15)	2:15:41 (209,+10)	0:41:49 (204)	1:08:45 (212,+4)	0:25:05 (191,+10)	0:35:25 (192,+4)	2:51:06	+ 1:26:56	10:11
206	478	VEGRO ANDREA	RUNNING SARONNO	M40M	0:43:37 (214)	1:44:12 (204,+10)	2:12:45 (204)							

Pos	Num	Cognome nome	Società	Cat	Paniga	Cima Colmen	Dazio bivio Crotto	da Morbegno a Paniga	da Paniga a Cima Colmen	da Cima Colmen a Dazio bivio Crotto	da Dazio bivio Crotto a Morbegno	Tempo	Dist.	Ritmo <small>min/km</small>
226	308	COTI ZELATI GIULIA	♀ G.S. MARIO CORTI 1959		0:50:47 (235)	2:12:33 (234,+1)	2:45:38 (229,+5)	0:50:47 (235)	1:21:45 (232,+1)	0:33:05 (226,+5)	0:40:47 (222,+3)	3:26:26	+ 2:02:16	12:17
227	281	CALLINA MARIACRISTINA	♀ G.S. C.S.I. MORBEGNO	M40F	0:48:25 (229)	2:07:55 (227,+2)	2:40:56 (228,-1)	0:48:25 (229)	1:19:29 (231,+2)	0:33:01 (225,-1)	0:48:40 (228,+1)	3:29:36	+ 2:05:26	12:29
228	321	DELLA ZOPPA GIULIA	♀		0:50:30 (233)	2:08:07 (228,+5)	2:40:49 (226,+2)	0:50:30 (233)	1:17:37 (226,+5)	0:32:41 (224,+2)	0:51:26 (233,-2)	3:32:15	+ 2:08:05	12:38
229	377	MASOLINI GIOSUÈ			0:50:30 (234)	2:08:10 (229,+5)	2:40:52 (227,+2)	0:50:30 (234)	1:17:39 (227,+5)	0:32:41 (223,+2)	0:51:23 (232,-2)	3:32:16	+ 2:08:06	12:38
230	286	CARUSO DEBORAH	♀ POL. ALBOSAGGIA	M40F	0:54:03 (237)	2:12:27 (233,+4)	2:49:35 (232,+1)	0:54:03 (237)	1:18:23 (229,+4)	0:37:08 (231,+1)	0:44:52 (225,+2)	3:34:28	+ 2:10:18	12:46
231	476	TRUTALLI MICHELA	♀ RUNCARD	M40F	0:53:58 (236)	2:12:18 (232,+4)	2:49:29 (231,+1)	0:53:58 (236)	1:18:20 (228,+4)	0:37:11 (232,+1)	0:45:00 (226)	3:34:30	+ 2:10:20	12:46
232	316	DEL MOLINO CHRISTOPHER	RUNCARD		0:45:26 (219)	2:09:04 (231,-12)	2:47:06 (230,+1)	0:45:26 (219)	1:23:38 (233,-12)	0:38:02 (233,+1)	0:52:28 (235,-2)	3:39:34	+ 2:15:24	13:04
233	290	CAVARRA CLAUDIO	ASD ISPICA RUNNING	M40M	0:43:45 (215)	2:08:23 (230,-15)	2:59:37 (233,-3)	0:43:45 (215)	1:24:37 (234,-15)	0:51:14 (238,-3)	0:52:01 (234)	3:51:39	+ 2:27:29	13:47
234	389	MORANDA JESSICA VERONICA	♀		0:57:21 (238)	2:30:58 (236,+2)	3:06:56 (234,+2)	0:57:21 (238)	1:33:36 (236,+2)	0:35:57 (229,+2)	0:50:06 (231)	3:57:03	+ 2:32:53	14:07
235	309	DAMBROSIO GIOVANNI			0:57:23 (239)	2:30:51 (235,+4)	3:06:59 (235)	0:57:23 (239)	1:33:28 (235,+4)	0:36:08 (230)	0:50:03 (230)	3:57:03	+ 2:32:53	14:07
236	338	FLEMATTI CRISTINA	♀ SPORTING CLUB LIVIGNO	M50F	1:02:49 (242)	2:43:47 (238,+4)	3:29:26 (237,+1)	1:02:49 (242)	1:40:58 (238,+4)	0:45:39 (235,+1)	0:57:39 (237,+1)	4:27:05	+ 3:02:55	15:54
237	305	CONFORTOLA ROBERTA	♀ SPORTING CLUB LIVIGNO	M50F	1:02:48 (240)	2:43:02 (237,+3)	3:29:18 (236,+1)	1:02:48 (240)	1:40:14 (237,+3)	0:46:16 (237,+1)	0:57:50 (238,-1)	4:27:09	+ 3:02:59	15:54
238	271	BONGIO FABIO	TEAM VALTELLINA	M50M	1:02:48 (241)	2:43:53 (239,+2)	3:29:36 (238,+1)	1:02:48 (241)	1:41:05 (239,+2)	0:45:42 (236,+1)	0:57:35 (236)	4:27:11	+ 3:03:01	15:54
Ritirari (5)														
NA	344	FUMELLI MORENO	G.S. C.S.I. MORBEGNO	M40M										Ritirato
NA	224	LARCH ARMIN	RUNCARD		0:25:20 (7)			0:25:20 (7)						Ritirato
NA	416	PEROTTI MICHELE	BIONE TRAILERS TEAM		0:31:52 (68)			0:31:52 (68)						Ritirato
NA	282	CANAZZA FRANCESCA	♀ TEAM VALTELLINA	M50F	0:48:22 (228)			0:48:22 (228)						Ritirato
NA	440	RIGAMONTI GREGORIO	VAM RACE		0:32:01 (69)	1:16:01 (72,-3)		0:32:01 (69)	0:44:00 (70,-3)					Ritirato